

Birth Provider List

Midwife/Ob

Sweet Cheeks Midwifery
Birthing Your Way
The Utah Birth Place
Utah Birth Suites
Joyful Birth Midwifery
Gentle Birth and Women's health

Doula

Stacey Green
Susie Hannig
Monica Wilkinson
Freya Birth Doula
Eliza Payne
Emily Griffin
Sarah Roberts

Lactation Consultant

Jill Lancaster (The Lactivist Activist)
The Lactation Collection
Light Up Lactation

Pelvic Floor PT

Pauli Hannin at Beyond the V
Reborn Pelvic Health and Wellness
Wellbeing Physical Therapy
Align Integration Movement

Local Birth Classes

Birth Bootcamp
Joyful Birth Classes
HypnoBirthing with Crystal Lyon
Birth Class Date Night with Utah
County Doulas

